# Thank you...

Fostering Resilience & Love in Family Systems



# Gratitude & Acknowledgement of Ancestors

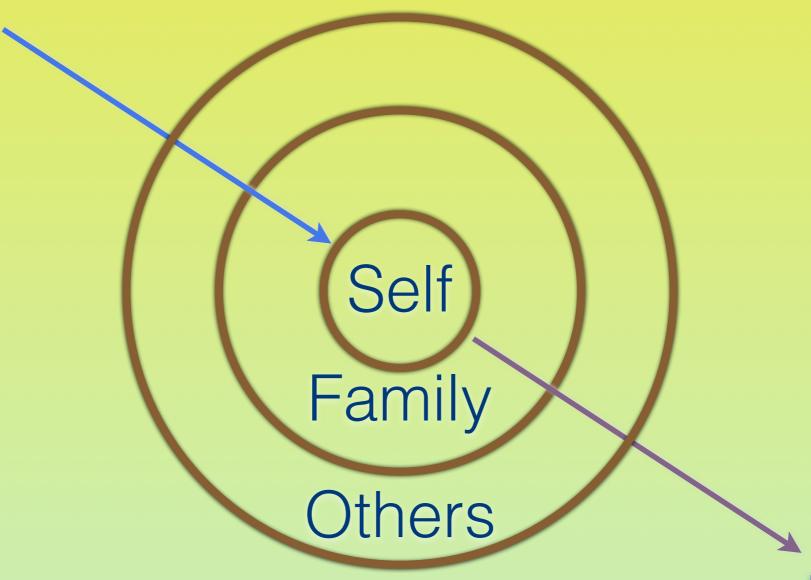
"We live because 100 years ago our ancestors dreamed us."

- Gene Tagaban, Indigenous Tlingit Elder



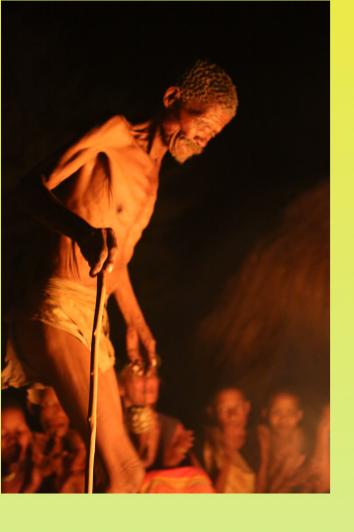
#### 5 Realms of Human Life

#### Ancestors



Unborn

This is about love passing through:
Ancestor <------> Us <------> Unborn



# What IS

# Deep Nature Connection?



# 4 Types of Relational Modeling...

**Connection Modeling** 

The Role of Culture

Health, Fitness & Recreational Modeling

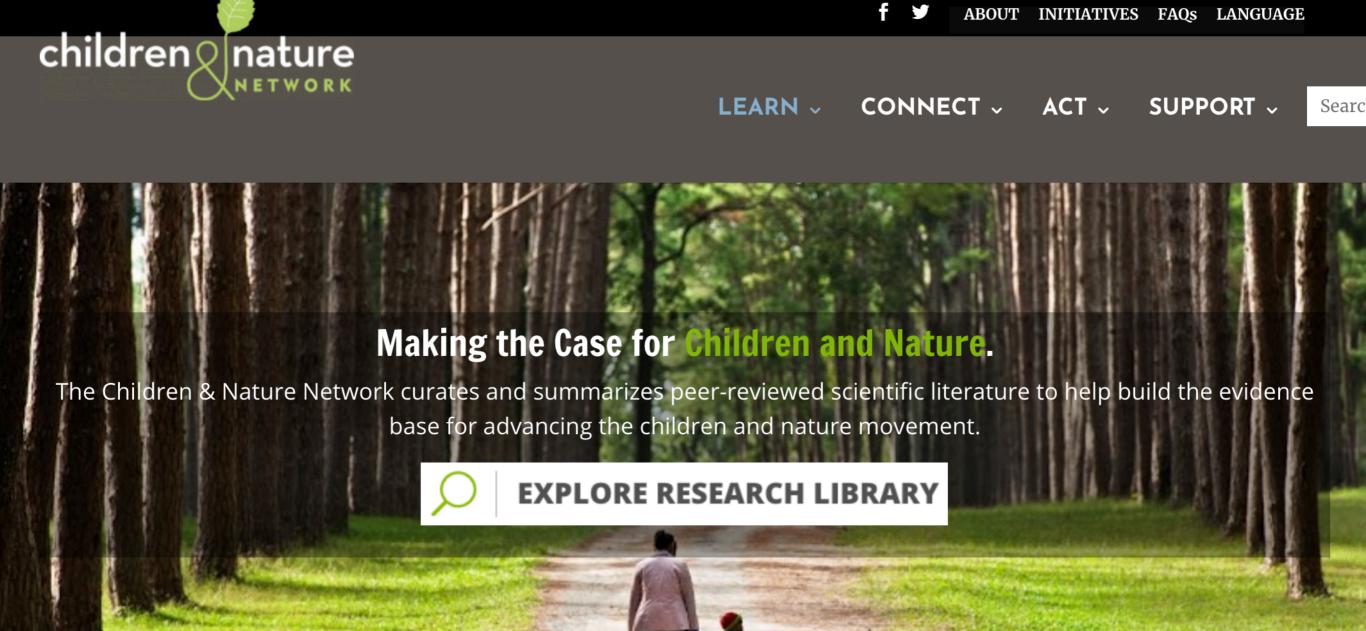
Education & Vocational Skills Training

## What are the benefits of

Deep Nature Connection?

#### **Benefits of Nature Connection are Well Known**

https://www.childrenandnature.org/learn/research/



#### ATTRIBUTES OF CONNECTION

Love

**Aliveness** 

**Presence** 

**Visionary** 



**Happiness** 

**Empathy** 

**Vitality** 

**Focus** 

#### Deep Nature Connection Brings us

Resilience

Capacity

Love

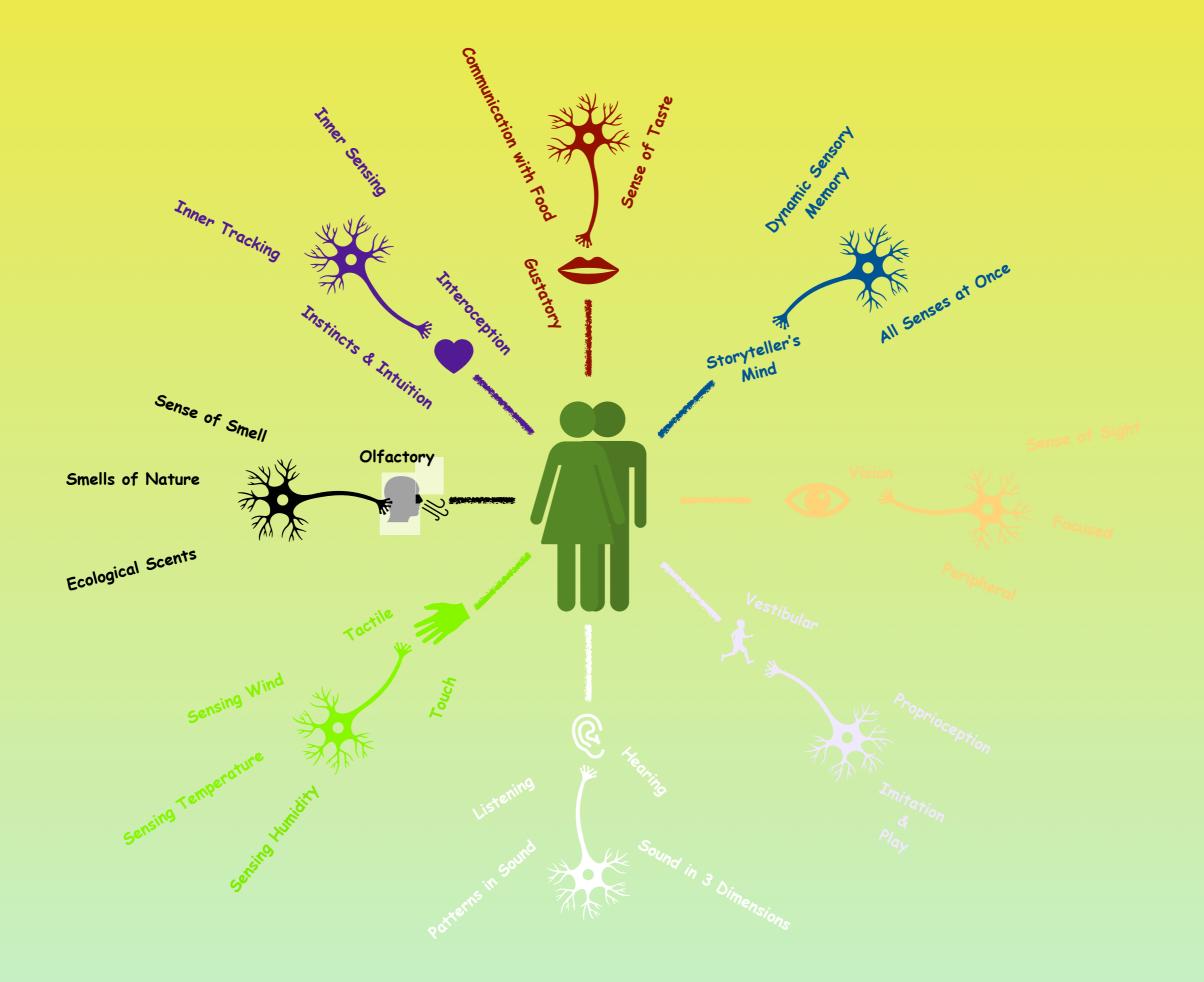
# How do we get to

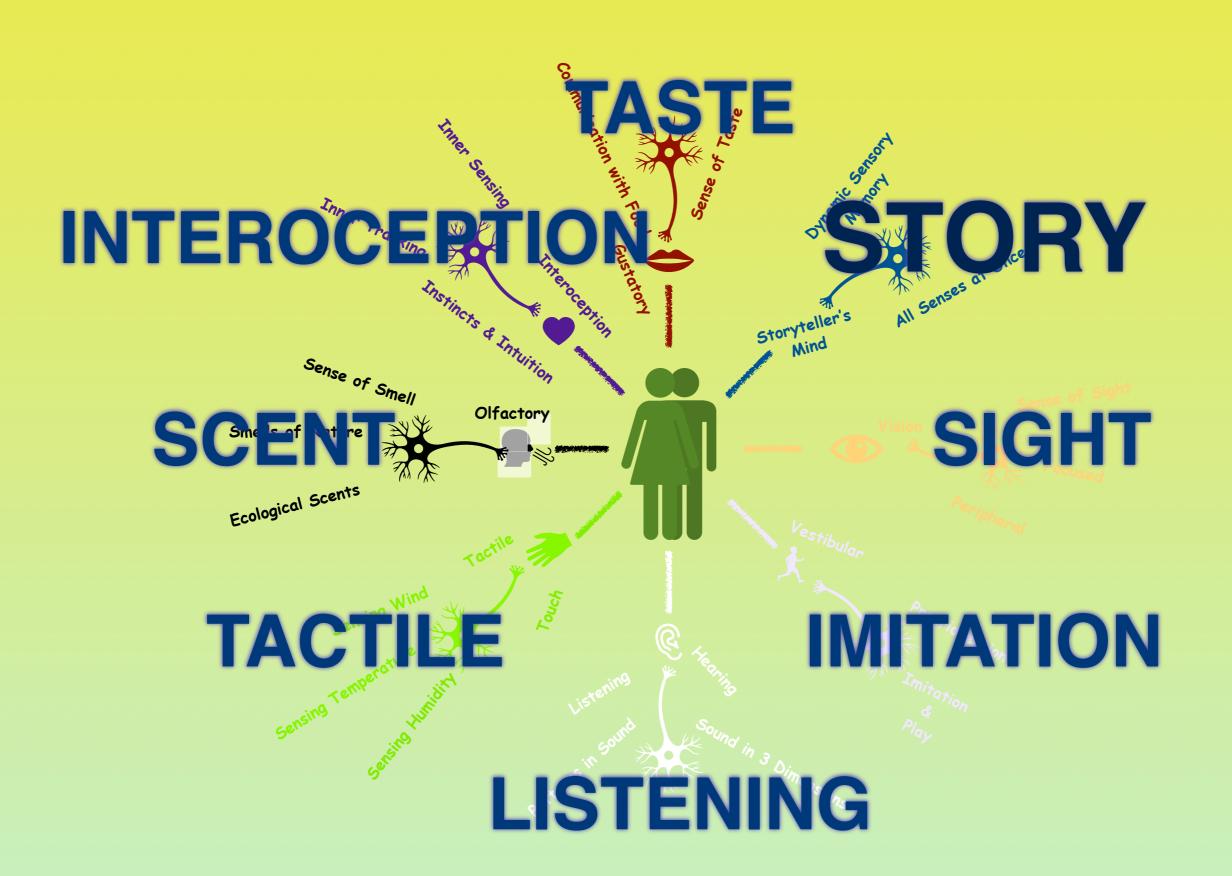
Deep Nature Connection?

### Deep Nature Connection Emerges

**by...** 

- Awakening Senses
- Integrating Senses
- Bonds with People, Animals & Elements





#### **SHARE Our Stories**

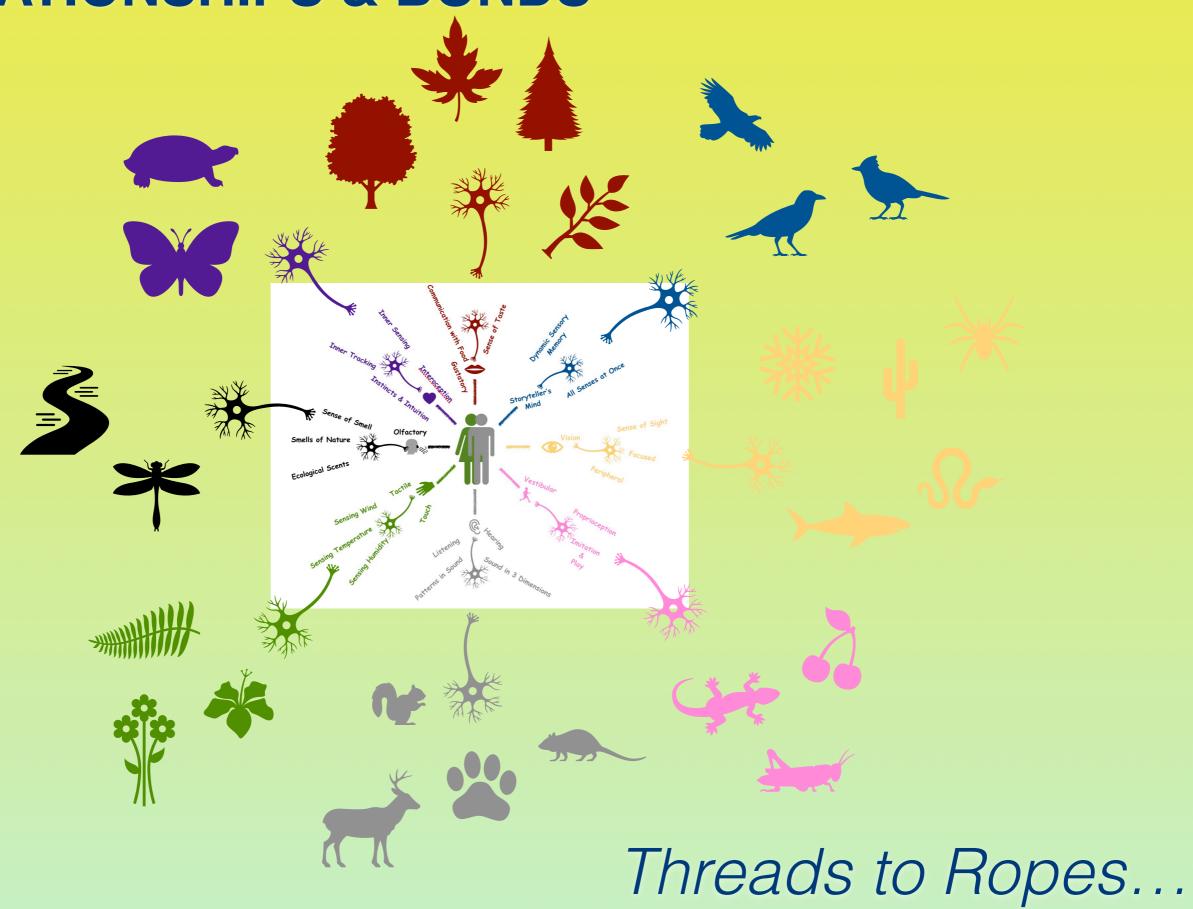
Using all our senses in the Telling

# for Sensory Integration

Important to

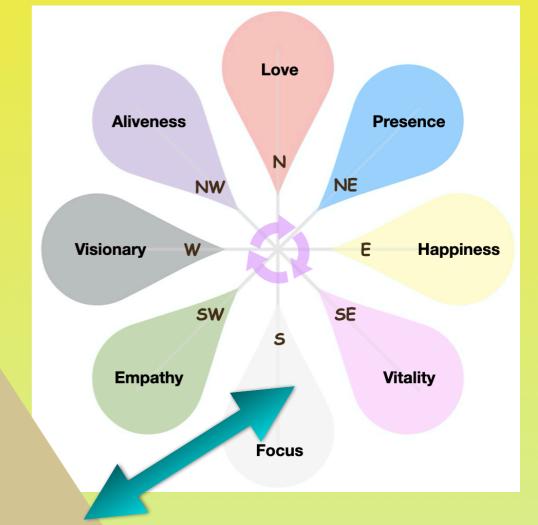
**Cultivate WILLING Story Catchers** 

#### **RELATIONSHIPS & BONDS**





DEEP NATURE CONNECTION



**SENSES AWAKENED & INTEGRATED** 

**BONDS WITH NATURE & PEOPLE** 

**CAPACITY FOR CONNECTION, LOVE & RESILIENCE** 

#### People Journey



**Nature Journey** 

#### **Greetings & Welcoming**

Wiping Off Road Dust

Culture of Allowance



Gratitude

**Unconditional Listening** 

A basket to

Support

**Sharing** 

**Stories &** 

Integrating

Senses

Finding Gifts in Others

"We live because 100 years ago our ancestors dreamed us."

- Gene Tagaban, Indigenous Tlingit Elder

Can you remember how?

Who dreamed or helped you?

Who you have helped?

#### Thank you...

Join Peter Johnson, Lonner Holden and me for

Building Authentic Connection —

The Stories from our Past Weave a Vision for the Future